

Application No. 10/829,244  
Amendment dated March 15, 2006  
Reply to Office Action of November 15, 2005

Page 2

Amendments to the Claims

1. (currently amended) An exercise equipment system, said system comprising an elastic strap having a pair of rigid collars fitted to said strap at spaced apart locations along said strap, and a plurality of different grip components which removably mount to a center securement port of said collars; said strap at said collars said plurality of grip components including hand grips and a bar; said strap wrapping around each collar leaving said center securement port of the collar open; said bar when removably mounted to said strap receiving said collars on opposite ends of said bar with said bar extending through said center securement ports.

2. (original) An exercise equipment system as claimed in Claim 1 wherein said collars are adjustable lengthwise along said strap.

3. (original) An exercise equipment system as claimed in Claim 1 wherein said strap has a rectangular cross-section.

4. (currently amended) An exercise equipment system as claimed in Claim 4-1 wherein said collars are cylindrical ~~and said strap wraps around said collars~~ and said system including includes clips on said strap for removably securing said strap tightly wound around said collars.

5. (cancelled)

6. (currently amended) An exercise equipment system as claimed in Claim 1 wherein ~~one of said components comprises a~~ said bar which fits in both of said collars and holds said collars spaced from one another allows said collars to rotate relative to a longitudinal axis of the bar.

Application No. 10/829,244  
Amendment dated March 15, 2006  
Reply to Office Action of November 15, 2005

Page 3

7. (original) An exercise equipment system as claimed in Claim 6 wherein said bar is formed from a plurality of bar segments, at least one of said segments comprising a main body portion with reduced diameter end portions, other of said segments comprising end fittings which fit on the end portions.

8. (original) An exercise equipment system as claimed in Claim 6 wherein said bar comprises a plurality of bar segments which snap lock connect to one another.

9. (currently amended) An exercise equipment system as claimed in Claim 1 wherein one of said grip components comprises a door grip formed by a thin pliant strap having a hook receiving loop at one end of the pliant strip for hooking to the elastic strap and having a doorstop member at the other end of the pliant ~~strip~~ strap.

10. (new) An exercise equipment system as claimed in claim 1 wherein each grip component cooperates with said collars when connected thereto to form a pivotal connection therebetween.